



How to Talk to Your Legislator

UPEA members should make an effort to elect public employee friendly legislators and elected officials. Public employees are directly affected by the decisions made by elected officials such as: compensation, retirement, health care, job security, and working conditions.

Timing is critical. Contact your legislator prior to the legislative session; introduce yourself as a public employee and a constituent. When issues do occur, maintain contact with your legislator.

Here are a few guidelines to keep in mind when contacting your legislator:

- 1. Be sure to use your personal phone or email on your own time.**
2. Identify yourself: Include your full name, where you work, and that you are a constituent in their legislative district. If emailing, also include your address and phone number.
3. Be brief, professional, and polite.
4. Directly ask for a specific action or vote and offer to answer any questions regarding your position.
5. Thank your legislator for their time.

A simple call or email can go a long way.

Find your legislator at <http://le.utah.gov/GIS/findDistrict.jsp>

